



Happy Valley School
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Updated Health Policies as related to COVID-19

Due to the current COVID health pandemic, HVS has revised our health policies and procedures to ensure health and safety on the campus. The purpose of this new policy is to specifically outline HVS Health office return to school guidelines and the re-opening of campus. These guidelines have been carefully considered to address and promote the safety, health and welfare of our school.

We appreciate your cooperation to help us keep our school and community healthy.

- Per CDC recommendations, HVS requires daily symptoms and temperature checks by families to be completed in their home prior to getting on the bus and coming to school. (form attached)
- Do not bring your student to school if you have checked off any of the COVID listed symptoms.
- Exceptions: The student has a current, medically documented health condition on file at HVS to indicate the symptom on the check list is NOT related to COVID. Example: allergies.
- Stay at home if the student was in close contact (household contact or within 6 feet for greater than 15 minutes) with anyone of a known COVID-19 case. If yes, follow CDC guidelines below.
- Student must stay home for 14 days, per CDC guidelines.
- If the student develops symptoms during this 14-day period, they must continue isolation for 10 days beyond the day of onset of symptoms.
- Student must show improving symptoms and be fever-free for greater than 24 hours prior to return to school.
- Any student presenting with one high risk symptom will be taken to the isolation room to be assessed/monitored. Parent will be called for immediate pick up.
 - fever over 100 degrees
 - diarrhea/vomiting/shortness of breath
 - loss of sense of taste or smell
 - two or more low risk criteria
- Please Note: Pick up must be within 30 minutes
- Parents must provide at least 2 emergency contacts should you be unavailable to pick up your child within 30 minutes.
- HVS has been advised to eliminate aerosol-generating procedures:
eg: nebulizers. We will be following the recommended guidelines set below for inhalers/nebulizers.
- All inhalers must have a chamber for HVS staff to use for your student in school and a physician's release.
- If your student needs an SVN treatment, please plan to pick up the student from HVS campus for the treatment.
- Student may return to campus with a doctor's after the treatment indicating it is safe for the student to return to school.
- Any student with an illness that is not believed to be COVID (single, low-risk symptom resolving in 24-48 hours or non-infectious diagnosis e.g. migraine, allergies) may return to school when symptoms have improved and afebrile for greater than 24 hours with no fever reducing medications (our standard sick policy)
- Any student with a COVID like illness (1 high risk/2 low risk) symptoms should be assessed by a physician and tested for COVID (as well as influenza, RSV, strep etc. depending on the symptoms)

CDC list of COVID symptoms-

People with COVID-19 have experienced a wide range of symptoms, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Fever or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

**This list does not include all possible symptoms. CDC will continue to update their list, as we learn more about COVID-19.

Here are some helpful links with more information. Please feel free to contact me or the school with any questions or concerns.

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

<https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/novel-coronavirus/public-resources/release-from-isolation.pdf>

Thank you for cooperation to continue to keep our communities and schools safe.

Heather Tibbett, School Nurse